Screen Time and Media Resources

It is easy to feel overwhelmed when trying to balance the sometimes scary headlines around kids and media with how common screens are in our daily lives. There are many competing messages but one agreed central point is that moderation is key.

Twice per year, the Research To Inform Practice fellowship pairs together one staff member from the A. Sophie Rogers School for Early Learning with a Crane Center researcher for a four-month program working together on issues affecting children. Rebecca Dore, senior research associate for Crane, and Kate Galvin, preschool lead teacher, were selected and focused their attention on media use with children.

Combining research and practice, Rebecca and Kate developed two great resources for families that are rooted in research and can be applied to your every day interactions with your child.

- **5 Tips for Using Media with Your Child**
- **3 Times a Day to Limit Media in Your Child’s Life**

In addition to the great visuals that you see here, each resource has an accompanying blog articles with more insights. Click on each one to read more and to see the graphics on a larger scale.
LITERACY TIPS:

Have fun exploring the outdoors while practicing literacy fun! Try out some of the ideas below and read these books about having fun outside!

- With so much rain this summer, take advantage of the mud by encouraging your child to use sticks or their fingers to practice writing.
- Grab some chalk (or make some using cornstarch and food coloring) and illustrate your own stories! As your child draws on the sidewalk, have them tell you about their pictures.
- Go on a walk and hunt for words and letters in your neighborhood. Talk about the difference between words and letters and help your child figure out the meaning of the words on street signs.
- Gather different items such as rocks, sticks, and flowers. Encourage your child to count the objects and use words such as “more,” “less,” “bigger,” and “smaller” as you talk about the number of objects you are counting.
- If you live in Weinland Park, take a walk to explore the street art that is all around. Hunt for letters, numbers, and familiar objects in the painting and discuss what the painting means.

KASS FAMILY BOOK CLUB GIVEAWAY

Don’t forget to get this month’s Kass Family Book Club selection from your child’s mailbox in Town Square!

INFANT & TODDLER FAMILIES

Look for Walk and See ABC by Rosalind Beardshaw. Have fun going through the alphabet and then take a walk together to see what you can find in your neighborhood!

PRESCHOOL FAMILIES

Look for What if You Had Animal Eyes? by Sandra Markle. Explore how you would look with different animal eyes!

EVENTS

EARLY DISMISSAL & SCHOOL CLOSED

School closes at 1:00pm on Wednesday, July 3
Closed all day on Thursday, July 4
Independence Day

SCHOOL CLOSED

Monday, August 19 and Tuesday, August 20
Professional development

WEINLAND PARK COMMUNITY FESTIVAL

Saturday, August 17 from 12:00–3:00pm
Once again, the Schoenbaum Family Center will offer activities for young children and their families along with other local community organizations at the Weinland Park Festival. Join us in the park behind the school for live music, free food, kids' bounce houses, face painting, basketball, and cornhole tournaments! For more details, see the next page.

COFFEE TALK

Tuesdays from 7:30am – 9:00am
Drop off your child and enjoy coffee and a snack with staff and other families in the library.

FAMILY STORYTIME IN THE LIBRARY

Wednesdays from 4:45pm – 5:20pm
Join us all summer long for stories, songs, and yummy snacks! During the month of July, we will be reading stories about monsters, playing outside, and ice cream! Check the board on Miss Kari’s desk to see what we will be reading each week!
WEINLAND PARK FESTIVAL

sponsored by the Weinland Park Community Civic Association

saturday
august 17
noon—3pm

Live Reggae Music by Seefari & His Band
Free food
Kids bounce house
Hamster balls

Children’s games
Face-painting & raffles
CPO basketball tourney
Information tables
Corn hole tourney

Made possible with support from

Feel the Island Vibe with a free lei!

Tropical drinks for sale!
Wear your Hawaiian or tropical shirt!

Made possible with support from

Sign up to volunteer at signup.com/go/xqEoFfp